

## *Simplicity*

- *Be on your guard, dear Friends, lest the love of pleasure take too strong a hold upon you. Choose such recreations as are pure and healthful. Let them be in harmony with your service to God and man; and in that service be ready at any time to lay them aside when called upon.*
- *Try to live simply. A simple lifestyle freely chosen is a source of strength. Do not be persuaded into buying what you do not need or cannot afford.*
- *Do we observe simplicity and honesty in our manner of living? Are we careful to live within the bounds of our circumstances, punctual in keeping promises, prompt in the payment of debts, and just in all our dealings? Do we choose those activities which will strengthen our physical, mental, and spiritual life; and do we avoid those harmful to ourselves and others?*
- *Do we regard our possessions as given to us in trust, and do we part with them freely for the needs of others?*